

FITSPIRIT

2023-2024
FITSPIRIT/GO

LEADER

Subject: FitSpirit Leader letter of recognition

Mrs., M.,

On this _____ day of _____, 20____,

I am pleased to attest that _____
volunteered for FitSpirit as a Leader in her school during the 2023-2024 school year.

In this role, she completed _____ hours of volunteering, getting involved in several ways, including but not limited to the following:

- Promote FitSpirit activities and encourage other students to participate;
- Support the FitSpirit Program Leader in the organization and execution of the activities;
- Develop and create a sense of belonging within the FitSpirit group at the school;
- Act as a role model of a healthy lifestyle by participating regularly and enthusiastically in FitSpirit activities.

Leaders play a central role in the success of the FitSpirit approach. Their involvement makes it possible to offer tangible support to their FitSpirit Program Leader. In addition, they act as role models for their peers and help extend the reach of the FitSpirit community, which encourages girls to discover and experience physical activity, sports and the great outdoors at their schools or at home by organizing memorable activities in a healthy and caring environment.

Physical activity has so many benefits. Congratulations to the young girls who take action and commit themselves so that a growing number of teenage girls can benefit from quality physical activity experiences!

Sincerely,



President and Founder, FitSpirit

FitSpirit Program Leader

Date

School

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